

ST MATTHEW LUTHERAN CHURCH

"4-R'S" PLEDGE DRIVE

Let's fulfill our rolls as stewards of God's good creation! To do so, we can use the concepts set forth by Rebekah Simon-Peter in Green Church: Reduce, Reuse, Recycle and Rejoice.

- **REDUCE** our consumption of energy and materials
- **REUSE** items by donating or repurposing unwanted items
- **RECYCLE** through processing old, used items to make new material
- **REJOICE** in knowing that we are caring for people and our planet!

Attached is a check list of possible ways we can preserve and protect our Earth. Each Sunday School family is asked to complete and return the checklist to your child's teacher by April 7, 2019.

We will celebrate the number of points gathered by each class at our Earth Day event on April 28.

Thank you for your support in teaching our youth about caring for God's creation through this program!



Each activity listed below is assigned a number of points based on its environmental impact. If you are currently doing the activity, or commit to starting, put the assigned number of points in the applicable column (“we already do this” or “we will start”). Total all points earned and enter the number in the “TOTAL PTS” area below.

We already do this	We will start	Activity
		Recycle newspaper, scrap paper and mail (5PTS)
		Turn off faucet while brushing teeth, showering, washing dishes (1PT)
		Take short showers – 5 minutes or less (1PT)
		Use rechargeable batteries (2PTS)
		Use a compost pile for food scraps, yard clippings (2PTS)
		Ride a bike or walk instead of using a car (10PTS)
		Car pool to school or work (2PTS)
		Put litter in its proper place (5PTS)
		Recycle aluminum, cans, glass and plastic (1PT)
		Avoid pesticides in the home or garden (2PTS)
		Use public transportation instead of driving, or drive an electric vehicle (10 PTS)
		Turn the thermostat down in the winter and up in the summer (2PTS)
		Turn off lights when not needed, turn off TV if not watching it (1PT)
		Hang clothes out to dry rather than using the dryer (10PTS)
		Plant a garden or buy locally grown organic food (5PTS)
		Use the blank back sides of waste paper for scratch (1PT)
		Donate used clothing, furniture, anything someone else can use! (5PTS)
		Grow indoor plants to purify air (2PTS)
		Use reusable containers to cut down on use of plastic and foil (5PTS)
		Take your own reusable bags to the grocery store (5PTS)
		Use cold water to wash clothes (1PT)
		Use solar panels to cut energy use (10PTS)
		Buy recycled products (paper towels, toilet paper) (5PTS)
		Use cloth rags and napkins instead of paper towels and napkins (2PTS)
		Eat less meat – skip meat 1X or more per week (5PTS)
		Use eco-friendly cleaning products (5PTS)
		Do not use plastic straws (5PTS)
		Unsubscribe from paper catalogs (2PTS)
		Do not bag leaves/grass clipping (5PTS)

TOTAL PTS = _____

Student's Name and Sunday School Class

Parent Signature

Return by April 7th 2019

